



**BIO HAIR SPA**  
& DERMA COSMETICS  
MÜNCHEN

**FACE & BODY**

## BIO HAIR SPA & DERMA COSMETICS

Your manufactory for sustainable beauty

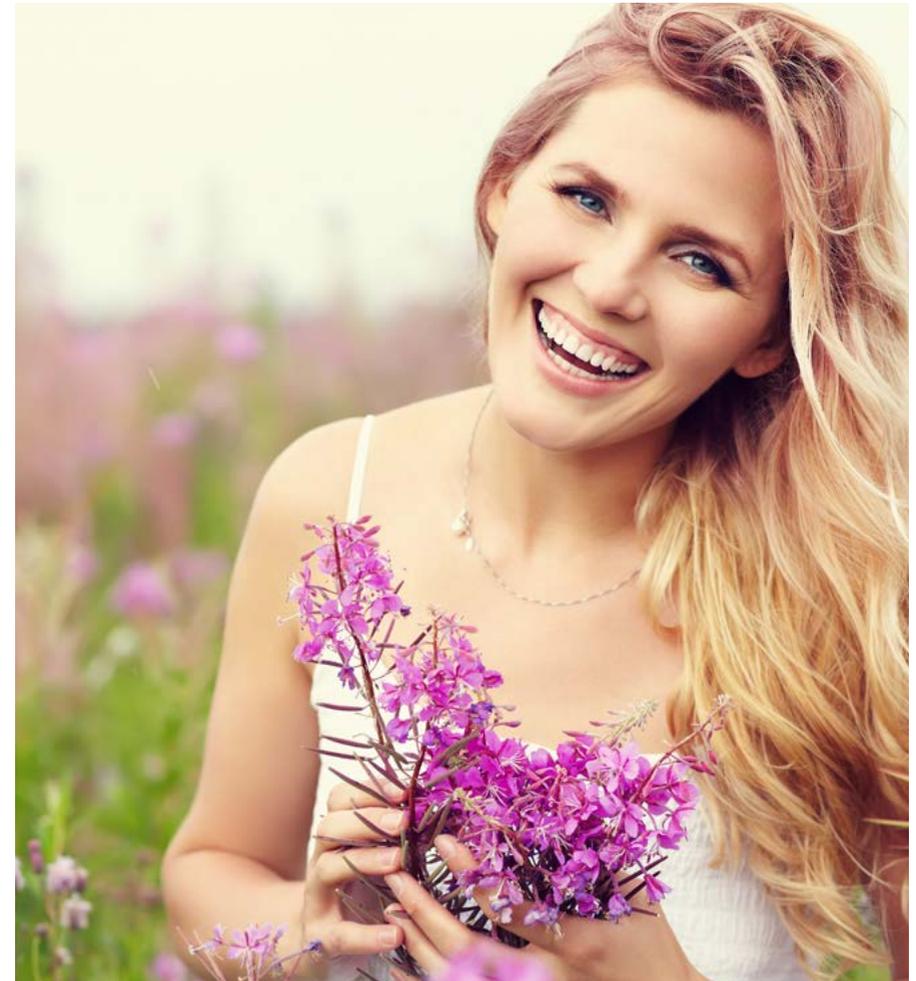
### FACE & BODY

In cosmetics, skin imbalances are often combated in the short term instead of fundamentally strengthening its health profile!

The cosmetics team of BIO HAIR SPA & DERMA COSMETICS specialises in bringing the skin into a healthy equilibrium in the long term - purely through manual applications, special organic techniques and products (Di Luca), which are specially produced in a small manufactory in Italy. Highly concentrated, fresh and natural ingredients as well as pure essential essences care for the skin according to personal needs.

We emphasise an individual analysis of your skin type with a personalised treatment in terms of skin tone and texture.

- *Manual techniques that promote microcirculation*
- *Energy Points / Accupressure*
- *Pure plant ingredients for cleansing and care*
- *Light suitable for skin type (chromatherapy)*
- *Harmony & Relaxation*
- *Nutrition tips*



Our team will also be happy to advise you on improving your scalp & hair.

Each of the individual cosmetic treatments is an experience for skin, hair, body and soul, and promotes health and thus provides the basis for your beauty.

## BIO HAIR SPA Facial Treatments

### FACE GLOW TREATMENT

30 min. €45.00

Recommended for dry and stressed skin

Removing dead cells on the surface of the skin is the basis for healthy skin and a radiant appearance. A moisturising, rich mixture of highly concentrated trace elements (zinc, iron, etc.) provides the skin with moisture and thus improves vitality.

The soothing and invigorating massage improves micro-circulation, blood flow, oxygen supply and produces a glowing complexion. LIFT UP serum and a firming cream with Verbasco flower improve the skin's elasticity.

#### CONTENTS

- *Cleansing with Latte di Mele or Dermodetergente*
- *Gentle peeling with Peeling allo Zucchero*
- *Trace Elements Ampoule (Oligoelementi)*
- *Soothing & invigorating massage*
- *Tonic Acqua di Glicine*
- *LIFT UP Serum*
- *Crema D4 Complex*



### DETOX FACE TREATMENT

30 min. €45.00

Recommended for combination skin with impurities

Dead cells on the surface of the skin are removed and toxins in the subcutis are dissolved with the help of essential oils from plant extracts - which have a detoxifying and astringent effect. To this end, it should be noted that essences, unlike creams and serums, have the ability to work under the skin (subcutis). The cleansing power of C and DP aromas is therefore very intense. Special dermo-stimulating and soothing massage techniques promote purification. For an effective finish, a vegetable carbon gel is applied and a soothing cream to block impurities and restore calm and harmony to the skin.

#### CONTENTS

- *Cleaning with Dermodetergente*
- *Peeling with Peeling allo Zucchero*
- *Mask Papaverella*
- *Aroma C,DP*
- *Tonic Acqua di Hammamelis*
- *Gel Noir*
- *Crema Acida*



#### STRENGTHENING FACE TREATMENT

30 min. €45.00€

Recommended for stressed and strained skin

For a firm and elastic face, the skin requires water, oxygen, elastin and collagen.

This treatment contains all the necessary ingredients: minerals to restore moisture in the skin tissue, essential oils to oxygenate the skin and a good dose of collagen and elastin... all accompanied by an energising massage.

#### CONTENTS

- *Cleaning with Latte di Mele*
- *Peeling (if necessary)*
- *Mask Alghe*
- *A selected flavouring (A or E)*
- *Collagen / Elastin Ampoule &*
- *Energising massage suitable for the skin type*
- *LIFT UP Serum*
- *Eye Contour Cream D4 Complex*

#### MOISTURISING FACE TREATMENT

30 min. €45.00

Recommended for dry and dehydrated skin

A rich blend of minerals, trace elements and algae helps dehydrated and very dry skin. These have the strong ability to transport water into the skin tissue and keep it there.

The addition of hyperaemic (circulation-enhancing) essential oils and an invigorating massage improve microcirculation in the subcutis. Hyaluronic acid and other vitamin-rich care substances in eye and face cream ensure a healthy and vibrant appearance.

#### CONTENTS

- *Cleaning with Latte di Mele*
- *Peeling (if necessary)*
- *Alghe Mask with Aroma H*
- *Trace elements ampoule*
- *Tonic Acqua di Hammamelis*
- *Hyaluronic acid*
- *Eye Contour Cream & Face Cream Crema Liposomole Viso*



### *BIO HAIR SPA Synergy Treatments*

The SYNERGY treatment was developed by us to fundamentally restore or improve the health profile of the skin. (4 applications, 1x per week). However, Synergy can also be used as a preventive measure (1x per month) to keep the skin in optimal condition. This treatment is an absolute experience consisting of regenerating massages suitable for the skin type, fragrant, essential aromas as well as calming and energy-giving light (chromotherapy) - adapted to the respective skin need.

To this end, one should know that essential essences, unlike creams and serums, have the ability to work under the skin (subcutis).

#### **INTENSIVE TREATMENT - FACE SYNERGY**

**60 min. €85.00**

Strengthens the skin's balance and promotes the health of all skin types.

The FACE SYNERGY includes an individual detox cleansing, restoration of skin moisture and muscle tone through a personalised blend of aromas, high-quality active product ingredients and skin type-specific massages. It has a detoxifying, cell-building, nourishing effect and is the most intensive treatment to sustainably strengthen the skin's health profile.

#### CONTENTS

- *Cleansing with Latte di Mele or Dermodetergente*
- *Peeling with peeling allo zucchero (moisturising and illuminating)*
- *Application of 3 aromas & skin type specific massage adapted to each aroma*
- *1 ampoule of trace elements (oligoelementi) or collagen / elastin ampoule*
- *Mask/s Application (Algae Mask / Papaverella)*
- *Relaxing massage on neck, décolleté and shoulders*
- *Application of tonic (according to skin need)*
- *Application of Di Luca serums / creams (according to skin type)*
- *Chromotherapy*

## INTENSIVE TREATMENT – Scalp Detox SYNERGY

45 min. €70.00

Strengthens balance and reduces hair loss

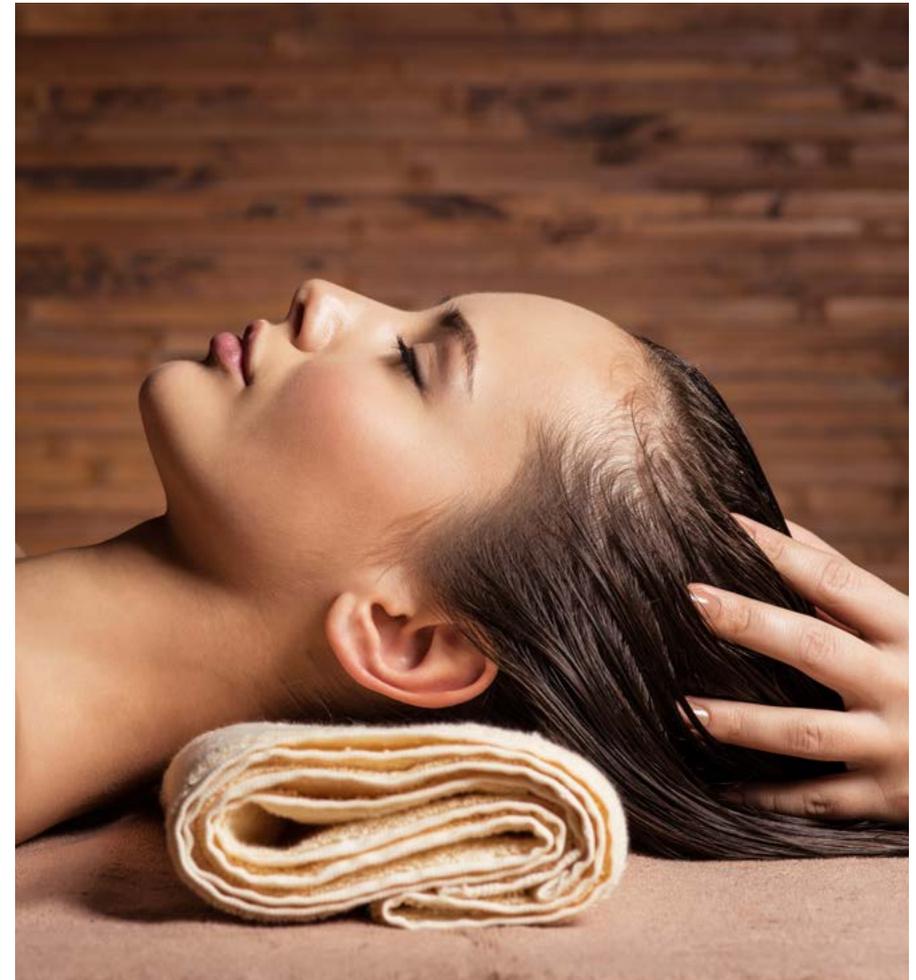
The SCALP DETOX SYNERGY improves the condition of the scalp by detoxifying it, increasing the microcirculation and increasing the oxygen supply. Essential essences and massage strokes are adapted to the scalp type and its needs. A mixture of trace elements provides the scalp, hair roots and hair with moisture and vital nutrients.

The synergy is particularly successful for seborrhoea (oily scalp), hyperhidrosis (sweaty scalp), dandruff and hair loss caused by pollution, stress, postnatal period and mineral deficiency.

Their intoxicating aroma also plays an essential role during the treatment, as it puts the entire body into a deep state of psycho-physical relaxation.

### CONTENTS

- *Relaxing personalised massage of neck, shoulders and scalp*
- *Application of 3 aromas to suit the individual scalp*
- *1 ampoule of trace elements (Oligoelementi)*
- *Chromatherapy*



With this treatment, the products remain in the hair! You are welcome to order a basic

package with shampoo cleansing and styling suitable for skin type € 43.00

or

shampoo cleansing, cut and style according to skin type € 70.00

can also be booked if you want to leave the salon with a perfect look.

## BIO HAIR SPA Body Treatments

### BODY FANGO DETOX 60 min. €80.00

Suitable for dry skin and/or tissues with stagnant liquids

A malfunction of the blood and lymph circulation often leads to the accumulation of fluids, toxins and dead cells. The result is a dry surface without elasticity.

To strengthen the health profile of this skin, the power of minerals works wonders: especially brown algae, fossil algae, Centella asiatica, Vitis vinifera, horse chestnut ...

Valuable active ingredients that restore the balance of skin hydration and, in combination with a drainage massage, assist the drainage of excess fluids and toxins.

#### CONTENTS

- *Heat application of fango (mixture of algae cream + fango cream)*
- *Fango removal and full body drainage massage with body oil (30 minutes)*
- *Application of Latte Acido Corpo or Crema Liposomale Corpo.*

### BODY MASSAGE 60 min./90 min. € 80.00/€110.00

Mint / almond oil

### KÖRPERMASSAGE 60 min./90 min. € 85.00/€115.00

Vitamin oil and personalised essential essences

Psycho-physical well-being is achieved through the oldest relaxation technique in the world: massage!

Psycho-physical well-being is achieved through the oldest relaxation technique in the world: massage!

Specific and personalised massage techniques in combination with vitamin oils and essential oils, not only give the skin a healthy, elastic and toned appearance, but also ignite mental and physical strength at the same time.

The pressure of the hands during the massage varies according to the biotype (medical - cosmetic categorisation by Hippocrates) of the client, brings relaxation to the muscle tone, improves the flow of blood and lymph circulation, increases the oxygen supply from the epithelial tissue and disposes of toxins.



## BODY ANTI-AGING

60 min. €90.00

Recommended 1 time per month

The regeneration of the epithelial tissue takes about 28 days. During this time, dead cells remain on the skin surface, dry out and close it. For this reason, we recommend pampering your skin every month with apricot kernel, ivy and oat extracts, vitamin A, E, hyaluronic acid and collagen.

Combined with the skin type-specific massage strokes, this treatment makes the skin softer and more elastic, promotes the production of new epithelial cells, restores the skin's natural complexion, activates

the formation of collagen, improves oxygenation and microcirculation, and removes old tissue, impurities and toxins.

### CONTENTS

- *Apricot kernel body scrub*
- *Removing the peeling with warm, damp cloths*
- *Liposomal Body Cream*
- *Relaxing massage according to type*

## BODY ROSE

60 min. €90.00

Strengthening the immune system

Rose oil water and essences are rich in vitamins A, D, E, B3 and C as well as antioxidants that offer protection against harmful „free radicals“. These nutrients have a very comprehensive positive effect on the skin and the immune system. Vitamin C in particular protects against premature skin ageing and gives a radiant complexion. It also has a strong effect on the defence against colds.

The antibacterial and anti-inflammatory effect is also suitable for impure skin

and can support healing processes. Rose water also moisturises the skin and has a calming effect on the skin and psyche.

### CONTENTS

- *Rose oil*
- *Rose Essential Essence*
- *Massage suitable for skin type*
- *Rose water*

## BIO HAIR SPA Combination Treatment Face, Scalp & Body

For all skin types

## CLEOPATRA

120 min. €179.00

Combi Face, Scalp, Body

- *1x Scalp Mini Synergy*
- *1x facial treatment of your choice (excluding Face Synergy)*
- *1x body massage with vitamin oil and essential essences suitable for the skin type*

The **Cleopatra treatment** is an all-round pampering program for all women who want an absolute time-out & resetting. Body and soul will literally „recover“ during this treatment, both mentally and physically.

Relaxing sounds, intoxicating fragrances, chromatic light and massage strokes that are adapted to the skin type and psychological condition, as well as highly concentrated herbal active ingredients, allow you to immerse yourself in a true paradise!

**BIO HAIR SPA**  
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Tues.-Fri. 9:00 - 19:00, Sat. 9:00 - 16:00

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